

Thirty Day
*Quiet
Time*
Challenge

Created October 2013

Check each box as you complete the day's challenge

Let's Begin!				
				Congratulations!

This booklet belongs to:

Verses Memorized:

- _____
- _____
- _____
- _____

Signature & Date of Completion:

Pray spend time talking to the Lord.

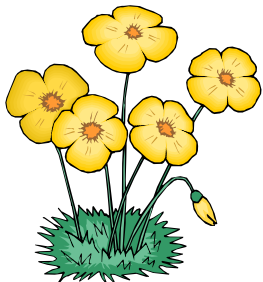
Read an entire chapter from the Bible.

Chapter | Read Today: _____

Meditate choose a verse from your Bible reading.

Write the Verse Here: _____

Memorize review all four of your memory verses.



The Challenge

A quiet time is simply spending time alone with the Lord, talking to Him in prayer, and reading His Word. This time will help your relationship with the Lord to grow stronger each day. Find a place where you can be alone with God and bring your Bible, pen, and journal with you.

PRAY. Spend a few minutes talking to the Lord. Try writing your prayers down in your journal or praying aloud.

READ. Take time to read a chapter in the Bible. Perhaps work through a book of the Bible or read a Psalm. Read slowly & carefully.

MEDITATE. Select one verse that stood out to you in your Bible reading. Write this verse down, highlighting some of the important words by writing them bigger than the rest.

MEMORIZE. Choose four verses to memorize in the next 30 days. Work on one verse at a time, spending seven days on each verse & ending with two days to review all your verses. Memorize by writing the verse down several times, saying it aloud to yourself, listening to it being read, or by reciting to a family member or friend.

Pray spend time talking to the Lord.

Read an entire chapter from the Bible.

Chapter | Read Today: _____

Meditate choose a verse from your Bible reading.

Write the Verse Here: _____

Memorize review all four of your memory verses.



Use the chart
located in the back
of this booklet to
keep track and record
your progress.

Pray spend time talking to the Lord.

Pray spend time talking to the Lord.

Read an entire chapter from the Bible.

Read an entire chapter from the Bible.

Chapter | Read Today: _____

Chapter | Read Today: _____

Meditate choose a verse from your Bible reading.

Meditate choose a verse from your Bible reading.

Write the Verse Here: _____

Write the Verse Here: _____

Memorize write down your 4th verse & read it aloud.

Memorize write down your 1st verse & read it aloud.

Pray spend time talking to the Lord.

Pray spend time talking to the Lord.

Read an entire chapter from the Bible.

Read an entire chapter from the Bible.

Chapter | Read Today: _____

Chapter | Read Today: _____

Meditate choose a verse from your Bible reading.

Meditate choose a verse from your Bible reading.

Write the Verse Here: _____

Write the Verse Here: _____

Memorize write down your 1st verse & read it aloud.

Memorize write down your 4th verse & read it aloud.

Pray spend time talking to the Lord.

Pray spend time talking to the Lord.

Read an entire chapter from the Bible.

Read an entire chapter from the Bible.

Chapter | Read Today: _____

Chapter | Read Today: _____

Meditate choose a verse from your Bible reading.

Meditate choose a verse from your Bible reading.

Write the Verse Here: _____

Write the Verse Here: _____

Memorize write down your 4th verse & read it aloud.

Memorize write down your 1st verse & read it aloud.

Pray spend time talking to the Lord.

Pray spend time talking to the Lord.

Read an entire chapter from the Bible.

Read an entire chapter from the Bible.

Chapter | Read Today: _____

Chapter | Read Today: _____

Meditate choose a verse from your Bible reading.

Meditate choose a verse from your Bible reading.

Write the Verse Here: _____

Write the Verse Here: _____

Memorize write down your 1st verse & read it aloud.

Memorize write down your 4th verse & read it aloud.

Pray spend time talking to the Lord.

Pray spend time talking to the Lord.

Read an entire chapter from the Bible.

Read an entire chapter from the Bible.

Chapter | Read Today: _____

Chapter | Read Today: _____

Meditate choose a verse from your Bible reading.

Meditate choose a verse from your Bible reading.

Write the Verse Here: _____

Write the Verse Here: _____

Memorize write down your 4th verse & read it aloud.

Memorize write down your 1st verse & read it aloud.

Pray spend time talking to the Lord.

Pray spend time talking to the Lord.

Read an entire chapter from the Bible.

Read an entire chapter from the Bible.

Chapter | Read Today: _____

Chapter | Read Today: _____

Meditate choose a verse from your Bible reading.

Meditate choose a verse from your Bible reading.

Write the Verse Here: _____

Write the Verse Here: _____

Memorize write down your 1st verse & read it aloud.

Memorize write down your 4th verse & read it aloud.

Pray spend time talking to the Lord.

Pray spend time talking to the Lord.

Read an entire chapter from the Bible.

Read an entire chapter from the Bible.

Chapter | Read Today: _____

Chapter | Read Today: _____

Meditate choose a verse from your Bible reading.

Meditate choose a verse from your Bible reading.

Write the Verse Here: _____

Write the Verse Here: _____

Memorize write down your 4th verse & read it aloud.

Memorize write down your 1st verse & read it aloud.

Pray spend time talking to the Lord.

Pray spend time talking to the Lord.

Read an entire chapter from the Bible.

Read an entire chapter from the Bible.

Chapter | Read Today: _____

Chapter | Read Today: _____

Meditate choose a verse from your Bible reading.

Meditate choose a verse from your Bible reading.

Write the Verse Here: _____

Write the Verse Here: _____

Memorize write down your 2nd verse & read it aloud.

Memorize write down your 3rd verse & read it aloud.

Pray spend time talking to the Lord.

Pray spend time talking to the Lord.

Read an entire chapter from the Bible.

Read an entire chapter from the Bible.

Chapter | Read Today: _____

Chapter | Read Today: _____

Meditate choose a verse from your Bible reading.

Meditate choose a verse from your Bible reading.

Write the Verse Here: _____

Write the Verse Here: _____

Memorize write down your 3rd verse & read it aloud.

Memorize write down your 2nd verse & read it aloud.

Pray spend time talking to the Lord.

Pray spend time talking to the Lord.

Read an entire chapter from the Bible.

Read an entire chapter from the Bible.

Chapter | Read Today: _____

Chapter | Read Today: _____

Meditate choose a verse from your Bible reading.

Meditate choose a verse from your Bible reading.

Write the Verse Here: _____

Write the Verse Here: _____

Memorize write down your 2nd verse & read it aloud.

Memorize write down your 3rd verse & read it aloud.

Pray spend time talking to the Lord.

Pray spend time talking to the Lord.

Read an entire chapter from the Bible.

Read an entire chapter from the Bible.

Chapter | Read Today: _____

Chapter | Read Today: _____

Meditate choose a verse from your Bible reading.

Meditate choose a verse from your Bible reading.

Write the Verse Here: _____

Write the Verse Here: _____

Memorize write down your 3rd verse & read it aloud.

Memorize write down your 2nd verse & read it aloud.

Pray spend time talking to the Lord.

Pray spend time talking to the Lord.

Read an entire chapter from the Bible.

Read an entire chapter from the Bible.

Chapter | Read Today: _____

Chapter | Read Today: _____

Meditate choose a verse from your Bible reading.

Meditate choose a verse from your Bible reading.

Write the Verse Here: _____

Write the Verse Here: _____

Memorize write down your 2nd verse & read it aloud.

Memorize write down your 3rd verse & read it aloud.

Pray spend time talking to the Lord.

Pray spend time talking to the Lord.

Read an entire chapter from the Bible.

Read an entire chapter from the Bible.

Chapter | Read Today: _____

Chapter | Read Today: _____

Memorize choose a verse from your Bible reading.

Memorize choose a verse from your Bible reading.

Write the Verse Here: _____

Write the Verse Here: _____

Memorize write down your 3rd verse & read it aloud.

Memorize write down your 2nd verse & read it aloud.

Pray spend time talking to the Lord.

Pray spend time talking to the Lord.

Read an entire chapter from the Bible.

Read an entire chapter from the Bible.

Chapter | Read Today: _____

Chapter | Read Today: _____

Meditate choose a verse from your Bible reading.

Meditate choose a verse from your Bible reading.

Write the Verse Here: _____

Write the Verse Here: _____

Memorize write down your 2nd verse & read it aloud.

Memorize write down your 3rd verse & read it aloud.
